

# helium

AVRALIZE

Looking through the frosted glass  
Faceless silhouettes  
Hollow sounds from the outside  
Don't think I will ever confess

My true self to you

I'm trying to understand  
Where have I gone wrong  
Counting all my sins  
Paranoid deep inside my skin

How did I become  
So dull so fast  
I'm breathing helium  
Please, make it last  
I'm sinking lower

Hostile  
Is my own mind  
I'm trying to understand  
What have I done to erase the glimpse  
Deep beneath my skin

How did I become  
So dull so fast  
I'm breathing helium  
Please, make it last  
I'm sinking lower  
Sending shivers down my spine  
When it's taking over  
Please, make it last  
I'm sinking lower

Keep feeding the void  
The black spot in my chest

How did I become  
So distant (so distant)  
How did I become  
So low  
My true self is bleeding

How did I become  
So dull so fast  
I'm breathing helium  
Please, make it last  
I'm sinking lower  
Sending shivers down my spine  
When it's taking over  
Please, make it last  
I'm sinking lower