

PARALYZED

AViVA

Dark or light don't matter when you're feeling like me
I could be on stage or hiding under the sheets
Come a little closer, let you catch my disease
Sick of wanting to scream, hold on!
Feeling kinda freaked out, is this called insecure?
I had all the pieces, all my ducks in a row
Now I'm looking out I don't know where I should go
What is there left to do? Hold on!

I don't really get why I'm holding on
When I really want to let go
But my brain rejects to the things I want to forget
I cannot say no
I don't understand, this seems underhand
Hell, who's side am I even on?
But my brain rejects and I can't forget
Even though I want to let go

Are you even listening?
I'm sick of these feelings
They're wrapping and trapping me
They're dragging me
And I can't get free
Are you even listening?
I'm sick of these feelings
They're grabbing and stabbing me
Changing reality

Paralyzed
Fight or flight
I'm paralyzed
And out of time
And nothing's right
But did I try?
When I'm paralyzed

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Fight or flight
I'm paralyzed
And out of time
And nothing's right
But did I try?
When I'm paralyzed

I am always trying
But the pieces are wrong
Never click together, never coming in strong
Stared into the mirror, left me feeling alone
I just wanna go home
Hold on!

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Why I'm holding on when I really want to let go
But my brain rejects to the things I want to forget
I cannot say no
I don't understand, this seems underhand
Hell, who's side am I even on?

But my brain rejects
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