## Timeframe

Sweating in the kitchen Getting vibes from the television Stating we are not set free Another night of misery It brought me closer to home And it cuts me to the bone To see the stares of the beaten men I know that it will happen again

Late at night I see these things Holding what the future brings

And struggle we might To learn what's wrong and right But I've seen the bloodshed Of a hundred fights inside

Wrong turn on a long dark road A pain that will never show That night we lost a friend A wound that will never mend We touched despite the grudge A memory that will never budge A feeling that I won't forget A vision from when we met

Some people hold inside What others keep alive

I am Strong enough to succeed If I stop And spend time Holding On to special thoughts That I Feel I need to keep