## It's Simple If It Jiggles It's Fat

## **Austrian Death Machine**

Bench press and jumping jacks
All good ways to lose those fats
Go ahead and touch my chest
You won't feel no flabby breasts

It's simple, if it jiggles it's fat

Get ready to get pumped
I don't want to hear excuses
Get up hear and sing along
and scream like dying mooses

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