Deep down your eyes look
Haunted by grey ghosts
You live in your stories
Hunted by shadows
When pain comes to show you
What you'd rather not know
What will your heart do?
What will you let go?

May loving kindness
Calm the raging of the wound
May your healing
Be a clearing in the wood
May you breathe in
Deeper than you ever could before

See what you've lived through So you can grieve it And draw it towards you Catch and release it

And now as your tears flow Let them be cleansing Washing your heart so You can be mending

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Calm the raging of the wound

May your healing
Be a clearing in the wood
May you breathe in
Deeper than you ever could before

In every season
For every seed there's a time to grow
A time to grow through yesterday's curtains
Maybe you'll open a window, a window
So everything broken
Everything bleeding
Can be made whole
Can be made whole
Where everything shattered
Baby, you'll find your Shiloh
Your Shiloh

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May you breathe in
Deeper than you ever could before