

Insomnia

Atreyu

I wish I could fall asleep
Thoughts of peace are haunting me
Begging for a lucid dream
My mental state is crushing me

TV static, blinking eights
Eyes wide open, can't escape
I'm not breathing but it's all the same
Is living just a losing game?

Can't keep my head up
I'm drowning underwater
Life is getting harder
Will I sink or swim?
It's like the days pass
Slower than the nights last
I just need a break, man
Will I sink or swim?

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I wish my brain could simply change like the weather
But here I am. It's pouring rain without a fucking umbrella
Strangers are screaming but I'm here all alone
The walls come crashing down on me
As I

Echo my heart beat
Shatter my lungs
I can't escape my thoughts
So I'll just swallow my tongue
Spilling these words in blood onto a blank page
I swear I didn't feel this way back when I was young

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I'm taking my chances
I'm leaving my sanity
Buried it down in this hole in me
I'm losing the battle
I start to unravel
Until there is nothing that's left in me

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