

# Insomnia

Atreyu

I wish I could fall asleep  
Thoughts of peace are haunting me  
Begging for a lucid dream  
My mental state is crushing me

TV static, blinking eights  
Eyes wide open, can't escape  
I'm not breathing but it's all the same  
Is living just a losing game?

Can't keep my head up  
I'm drowning underwater  
Life is getting harder  
Will I sink or swim?  
It's like the days pass  
Slower than the nights last  
I just need a break, man  
Will I sink or swim?

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I wish my brain could simply change like the weather  
But here I am. It's pouring rain without a fucking umbrella  
Strangers are screaming but I'm here all alone  
The walls come crashing down on me  
As I

Echo my heart beat  
Shatter my lungs  
I can't escape my thoughts  
So I'll just swallow my tongue  
Spilling these words in blood onto a blank page  
I swear I didn't feel this way back when I was young

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I'm taking my chances  
I'm leaving my sanity  
Buried it down in this hole in me  
I'm losing the battle  
I start to unravel  
Until there is nothing that's left in me

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