

## Ode to the Modern Man (Lightning Blend)

Atmosphere

This is an ode to the modern man  
It's the ode to the modern man  
This is the ode to the modern man  
Word up, this is the modern man  
This is that ode to the modern man  
This goes out to that modern man  
This is the ode to the modern man  
It's to the modern man, lightning blend

Word to B E, I'm a tad bit too easy on self  
And maybe I should keep a closer tab on my health  
I suppose that it's simpler said than completed  
I thought me to attack but in fact again retreated  
Completed this word search, crumbled it up and ate it  
My hunger for my blue-collar heaven keeps me sedated  
Escaped it, last night in a dream  
And now I sleep, with a flashlight and it seems to keep  
The nightmare demons and semen-laced portions parallel and apart  
Like Stephen's Avenue in Portland  
A much-traveled one-way, or a slow residential  
And if the camels don't stump me I'ma grow with my pencil  
Once I climb the skulls of this MC graveyard  
I'll see the sun again, I'll jump and run again  
So come on over, visit, cause I got a lot to say  
And tell Stress I ain't mad, cause I got my way  
But my man Spawn's here now, so I'ma make it brief  
Finish up my coffee, gather up my shit and leave  
I got an army of peers, we fight single-handed  
And I won't damage your brain until I understand it

You have only one chance to advance to the next stage I'm at  
Do you really think you actually will pass through?  
I have to ask you, did you see what happened to the last dude  
Tried to compare styles, word he got his ass chewed  
Now with this in mind, do you still wanna bring your shit and find out the hard way  
Spawn's not the one to play with, trade blades with  
You might as well slit your own wrist with the razor  
It's best cause I'm crazier  
Blazing you, for my own amusement  
In tune with your body, when I split your whole fixture  
This is what happens when you're on my shit list-er  
Brains to give a blister, so next time you call me sir or mister  
It's the word-twister tongue used to make the verbs hit ya  
Now do you get the fucking picture?  
Well if you gotta save you you better call up  
Cause my behavior blows kids away like a tall wind  
I take you all in between my jaws for consumption  
MCs and coffee at my luncheon  
One or two lumps, and some cream, call the team for the gathering  
Bring mics and turntables, let's do our thing

Ha, cause it's an ode to that modern man  
This is that ode to the modern man  
Yeah, this goes out to that modern man  
From Minneapolis, St. Paul to that modern man  
And it's like a dedication to that modern man

This one here, this is for that modern man  
From Atmosphere goin' out to that modern man  
It's to that modern man, lightning blend

What, now for the umpteenth-time we kick rhymes about something  
Can't front, I'm frustrated with heads that don't listen  
My position's off-balance  
It's a constant challenge between the talents and the underlying mission  
I can fill your head some more with metaphors, some cute catch-phrases  
Filtered through accessible things  
But if I don't stay sincere to love and hate  
How do I differentiate between chasing cream and chasing dreams  
Oh yeah, fuck an MC in my city that wants to diss me  
If I was to bounce to Atlanta with Shocker y'all would miss me  
So kiss me, smack dab on the asshole while you battle  
I'm with your wife sharing a Newcastle  
Big up to Gene Pool, cause he's the modern man  
Word up, that kid Abuse, that kid's a modern man  
To Self-One, yo, that kid's a modern man  
Full Circle, you know them kids is modern men  
The Native Ones, word up to that modern man  
Beyond Extreme, this goes to the modern man  
Dynospectrum out to that modern man  
From Atmosphere goin' out to that modern man  
Word up, this is the ode to the modern man  
It goes, like, one time for that modern man  
This goes out here now to that modern man  
It's to that modern man, it's to that modern man, kid  
Yo, this is the ode to the modern man  
It goes word-up, yeah to that modern man  
It's for that modern man, it's for that modern man  
It's for that modern man, lightning blend