

# Talk Me Down

## Assemblage 23

Calm this raging sea  
That churns and boils deep inside of me  
Quell the hungry fire  
That threatens to engulf me

Love, deliver me  
From disastrous sobriety  
I have lost my way  
And I'm looking for a beacon

Out of fate's control  
As the winds will howl and the waves wills roll  
Overwhelming me  
In its elemental fury

I'm crashing on your shore  
With my arms outstretched and my body worn  
I just want relief  
Before it overtakes me

Talk me down  
I'm on the edge and peering over  
Talk me down  
I'm up too high and I don't want to fall

Out from underneath  
The tyranny of disbelief  
Clear the chaff away  
Stir the cobwebs that have gathered

I turn to look around  
And you're shattered lying on the ground  
I reach out my hands  
To gather up the pieces

Talk me down  
I'm on the edge and peering over  
Talk me down  
I'm up too high and I don't want to fall

Calm this raging sea  
And I'll carry you as you carried me  
Through the hungry fire  
Untied, yet entwined

Insecurity  
Find another place to sow your seed  
All this land is dry  
And the soil no longer fertile

Talk me down  
I'm on the edge and peering over  
Talk me down  
I'm up too high and I don't want to fall