

# Sleepless Remorse

## Ashen Mortality

They told me I would feel fine in a few days  
So confused people told me it was the only way  
Now all I feel is remorse  
My heart aches when I think about my child  
I can only imagine your face  
I let you be torn away from me in disgrace

Now all around me is regrets  
Every morning I wish I could hold you in my arms  
Or see you sleep dream in peaceful calm  
But all I have is loneliness  
I cannot bear these thoughts oppressing me

No-one told me I would feel like this  
How can I escape I'm sick with sorrow  
Has a baby just been slaughtered at my decree  
Does anyone else feel like me

Why do you tell me these feelings are wrong  
That child was alive within me now he is gone  
In a few more days will the memories leave my head  
Of my child who was living who now is dead  
I cannot bear these thoughts oppressing me

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Has a baby just been slaughtered at my decree  
Does anyone else feel like me

The nightmares still haunt me the sickness as I wake  
The repulsion I'm feeling is too much to take  
Visions of pain in sleepless night haziness  
Taking my mind morbid in craziness  
There is a reason for things I still feel  
So much unanswered wounds unhealed  
Many are the times words of comfort are spoken  
But still no release is here within my reach

You can't hear me my child as I cry for you  
You could have had love that now far too late  
I can feel for you

I have no-one to blame but myself  
I have no-one to take a share of the blame  
Their words bring no comfort to me  
No this is not self pity  
Until I die will I remain the same

God forgive me please forgive me  
Forgive us all

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Through these tears hear my cries  
Love and forgiveness I see in your eyes  
My sin and misery you took in my place  
Please release me by your healing grace  
Lord my refuge is found in your peace  
In your strength all my fears finally cease  
You bring healing where darkness brought harm  
I know the ones who died are resting in your arms