

## Overcome

### As I Lay Dying

All these moments of pain  
Must add up to something  
Our bodies have been trained to keep it all in  
But our hearts still hold on

Some say to release it, forget about your past  
Instead we count the cost, it's part of us  
That doesn't mean that we cannot move on  
It's just a memory of what we once were

No matter what it is we've faced  
It's now part of us (part of us)  
We can overcome

Why rid of fuel that can make us stronger  
When properly put behind us? (put behind us)  
And in the same way that  
Everything good in life can be taken away  
So can all this pain

No matter what it is we've faced  
It's now part of us (part of us)  
No matter what we've faced in this life  
We can overcome

Trying to forget is a burden we can never bear  
When facing trials openly  
There's nothing left to hide  
New paths of strength come alive

We can overcome

No matter what it is we've faced  
It's now part of us (part of us)  
No matter what we've faced in this life  
We can overcome