

Muscle Memory

Arm's Length

Struggling to finish the stories I tell
An extra pillow to prop me up when I'm unwell
You are always up in arms
But it just made sense to me

Was feeling sorry for myself because I can't see clear
Find it tough to forgive when you're so self-aware
Can you spell it out for me
Until it's muscle memory?

You wrote off your pride
And I wrote you a letter
If you have the time
I wish you'd live forever
The cloud in your head
Is changing the weather

And how I come across
Looks better on paper
I can't tell apart sooner from later
It's the type of loss that can swing in your favour

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And I wrote you a letter
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Depersonalized, or simply self-centered?

And how I come across
Looks better on paper
I can't tell apart sooner from later
It's the type of loss that can swing in your favour (Your favour)

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