

Checking Out

Ari Hest

Tell me to try
Tell me I'm good
Tell me I've been misunderstood
Tell me I'm doing all I am supposed to do
Teach me to see with faith in my eyes
That love that I seek is there in disguise
It's hard to hang in when you're
So used to checking out

Tell me you know the struggle I feel
And what it'll take in order to heal
Tell me you found a way to circumvent
Sing me a song to drown out the noise
To reset me now with infinite poise
It's hard to keep up when you
So used to checking out

My mind is a taxing maze
The tricks that it needs to play
I talk to it like I'm somebody else which is
Surely an issue unto itself so

Tell me to try
Tell me I'm good
Tell me it's going just how it should
Tell me the payoff's certainly worth the wait
Stay with me here to praise and to guide
Prove to me you're along for the ride
It's hard to hang in when you're
So used to checking out
So hard to hang in when you're
So used to checking out

(Hard to hang
Hard to hang
Hard to hang
Hard to hang
Hard to hang
Hard to hang
Hard to hang
Hard to hang
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Hard to hang
Hard to hang
Hard to hang)

So hard to hang in when you're
So used to checking out

(Hard to hang)