

## Pound

Arcwelder

(music arcwelder/words w. graber & s. macdonald)

Take down

And now take along

What you can't now

And sorens eyes

Good for value prize

Where's your head now

40 times

Maybe 50 times

Where's your heart now

Compromise

If you can find the time

Where's your pride now

When I walk out the door it'll be a sunny day

And the breeze floating by blowing worries away

From my mind

I feel fine

Come around all of the fear and the paranoia

Maybe half a pound all of the stress is unhealthy for ya

Where's the sky now all of the pain and the aggravation

All of the grind and the desperation

Cut it down til you feel proud if you want heat you should start a fire

Where's your thoughts now if you want hope you should fuel desire

If you want help you should try to find it

Hit it and quit forget the pride that you leave behind it

While we still can

And we'll end pound

Hit it and quit it

While we still can

And we'll end pound