

Step by step, you're gonna make yourself feel better  
Buy yeah buy, you're gonna make yourself feel better  
Try yeah try, you're gonna make yourself feel ruthless  
More yeah more, you're gonna make yourself feel sane

Can't stop looking and you can't stop taking it in  
Head's full baby, but you can't stop taking it in  
Reach yeah reach, 'til your arms can't reach any longer  
More yeah more, you're gonna make yourself feel sane

Numb it again

Television's dead, but you can't stop taking it in  
Cover up your eyes, but you can't stop taking it in  
Dead dead speech, yeah you can't stop taking it in  
Speed it up baby, you gotta make yourself feel sane

Can't stop looking and you can't stop taking it in  
Head's full baby, but you can't stop taking it in  
Reach yeah reach, 'til your arms can't reach any longer  
More yeah more, you're gonna make yourself feel sane

Numb it again