

Ups And Downs

Arashi

wake up tiredness
last night
We can not rewind the time

fall

A ha a ha
A ha

(go up and down!)
cry and try (you're just fine) don't give up!
burn!

my life
Shake it up baby! shake it up baby!
One-way road

bus stop day by day
We can not rewind the time

fall

A ha a ha
A ha

(go up and down!)
behind (you're just fine) don't give up!
burn!

your life
Shake it up baby! shake it up baby!
One-way road

(go up and down!)
cry and try (you're just fine) don't give up!
!

(go up and down!)
behind (you're just fine) don't give up!
burn!

your life
Shake it up baby! shake it up baby!
One-way road