Irotoridori no masuku kabutte itsuwari no kyara wo enjikitte Boku wa hitokuchi kajitsu kajitte warukunai tteka iin janai Terebi rajio no noizu yabutte kimi no egao yake ni mabushikute Nayami no tane wa dokoka e tonda akkerakan de iin janai

Are you ready?
Kanpeki nante nai sweet, sweet
Saidaikyuu no soul do it! do it!
Tanjun na kurai hajikero movin' now! movin' now!

Are you ready?
Sainan datte mou sweet, sweet
Sou let's go no sign do it! do it!
Zuzushii kurai mae muke movin' now! movin' now!

Wasurekaketeta yume wo megutte nakushikaketeta ai wo sagashite Kimi no namida wa mou iranai sa mou osoi? nante koto wa nai! Uzou muzou no uwasa megutte kaze ga niwaka ni machi wo samashita Koko wa egao de furezu kawashite akkerakan de iin janai

Are you ready?
Kangaechuu wa nai sweet, sweet
Senzai ichiguu no chansu do it! do it!
Te ni ireta nara kakenuke shake it up! shake it up!

Are you ready? Seikouhou wa nai sweet, sweet Kono shunkan no jyusu do it! do it! Nomi hoshita nara tsuranuke shake it up! shake it up!

Kagayaki wo himeta heart beat kizande yuku no sa Dare ni mo yuzurenai mune no oku ni wa hikari ga aru yo

Sanzan na hi mo (sanzan na hi mo) Saikoukyuu no sumairu (saikoukyuu no sumairu) Zuzushii kurai hajikero movin' now! movin' now!

Are you ready?
Kanpeki nante nai sweet, sweet
Saidaikyuu no soul do it! do it!
Tanjun na kurai hajikero movin' now! movin' now!

Are you ready?
Sainan datte mou sweet, sweet
Sou let's go no sign do it! do it!
Zuzushii kurai mae muke movin' now! movin' now!

Kagayaki wo himeta heart beat

Are you ready?

DDDDDDD sweet, sweet

DDDDDDD do it! do it!

□□□ movin' now! movin' now! Are you ready? DDDDDDD sweet, sweet DDlet's goDDDD Do it! do it! DDDDDDD DDD movin' now! movin' now! Are you ready? DDDDDD sweet, sweet DDDDDDDD do it! do it! DDDDDDDD DDDD shake it up! shake it up! Are you ready? DDDDDD sweet, sweet 000000000 do it! do it! DDDDDDDD DD shake it up! shake it up! 000000 00000 00000 DDDDDDD DDD movin' now! movin' now! Are you ready? DDDDDDD sweet, sweet DDDDDD do it! do it! DDDDDD DDD movin' now! movin' now! Are you ready? DDDDDD sweet, sweet Odlet's goodo do it! do it! DDDDDDD DDD movin' now! movin' now! Wearing multicolored masks, playing fictitious characters I bite into a mouthful of fruit it's not bad, rather, isn't it great? Breaking through the noise of the TV and radio, your smile was frighteningly radiant Where did my worries fly off to? it's okay to be dumbstruck, right?

Are you ready?
There's no such thing as perfection sweet, sweet
With a soul of the highest rank do it! do it!
Simply bust it open movin' now! movin' now!

Are you ready? Even if there's a disaster life is sweet, sweet Yeah, it's a sign saying "let's go" do it! do it! Shamelessly face forward movin' now! movin' now!

Dreams I'd almost forgotten are going around in my head searching for a love that I'd nearly lost

Come on, your tears aren't need anymore too late? there's no such thing! Rumors from the masses are spreading it suddenly dampens the spirits of the city

In times like this, we should exchanged smiles like always it's okay to be d umbstruck, right?

Are you ready?

There's no time for thinking life is sweet, sweet
It's a once in a lifetime chance do it! do it!
If you've gotten your dream, then start running shake it up! shake it up!

Are you ready?

There's no attack for an easy win sweet, sweet
The juice of this moment do it! do it!
Once you drink it up then break through shake it up! shake it up!

A heartbeat that's hidden it's radiance is still beating strongly It's a light deep in my heart that I could never give up

Even on terrible days (even on terrible days) Give a top class smile (give a top class smile) Boldly bust it open movin' now! movin' now!

Are you ready?

There's no such thing as perfection sweet, sweet With a soul of the highest rank do it! do it! Simply bust it open movin' now! movin' now!

Are you ready?

Even if there's a disaster life is sweet, sweet Yeah, it's a sign saying "let's go" do it! do it! Shamelessly face forward movin' now! movin' now!

A heartbeat that's hidden it's radiance