

# Sedate Myself

Aphyxion

The easy solution to derail my mind  
To escape from reality  
The easy solution to leave behind  
A mind entwined in agony  
I know it's not the way, I know it's not alright,  
I can't help myself, I know it's not alright  
I know there's help out there, I know there's people who care  
But I can't reach them

[Bro:]

I can't feel my fucking face, everything becomes so numb this way

[Omkvæd:]

Sedate myself  
Escaping from reality  
Sedate myself  
To feel free, oh to feel free  
I dug myself a hole to deep  
To numb my pain, to fall asleep  
Sedate myself  
To feel free, oh to feel free

I am looking straight in the carnival mirror  
Watch my demons come clearer  
All is centered around one thing  
It's drawing me nearer every day

I know it's not the way, I know it's not alright  
This is who I am, I know it's not alright  
At least that's what I tell myself every day  
To make the thoughts go away

[Bro:]

I can't feel my fucking face, everything becomes so numb this way

[Omkvæd:]

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Escaping from reality  
Sedate myself  
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To numb my pain, to fall asleep  
Sedate myself  
To feel free, oh to feel free

The days are blurring out, but it's better this way  
Just one more moment of precious silence  
To keep from hurting, to keep my thoughts at bay  
I sedate myself every single fucking day  
At some point this poison will sting  
At some point this poison will sting

[Omkvæd:]

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Sedate myself  
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