Slow down...baby
You gotta slow down down down down...1, 2, 3, 4

I think I've got a problem

But everyone's got problems in their life you see

Well my little problem is that I get so tired of complacency
I always need a change a new face in my life
I long for mental stimulation

But then I realized you gotta take it day by day, one day at a time

Or girl you're gonna lose your mind just sing it...

Slow down, baby
You gotta slow down before you get knocked down
Pushed down to the ground, never get around town
Slow down, baby
You gotta slow down down down

I had to tell myself to slow down yeah

You're young, take your feet off the gas focus on the task at h and
Just love your man and get a good tan
Listen to a new band read a good book
And focus on your school work girl
You're only 19 you're a queen in the making
Just gotta grow into your crown and sing it

Slow down baby
You gotta slow down before you get let down
Crying all day cause I think I'm in the wrong town
But I gotta slow down, but I gotta but I gotta gotta
Slow down, yeah

He-e-e-ey-ey-e-ey
But I gotta slow down but I gotta
He-e-e-ey-ey-e-ey
But I gotta slow down but I gotta...
He-e-e-ey-ey-e-ey-e-ey Ooohhhhh
Slow down