

Do You Ever

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Do you ever feel alone?
All that time on your own
Do you stay in your bed
Overthinking what you've said?

Yeah, do you ever come undone?
Feel ashamed when you run
Do you wish you could change?
Are you losing everything?

I see you struggle
I hold your hand
I know you're working with what you have
I see you searching
You chase your thoughts
I know you're working with what you've got

But do you ever close your eyes
Hear the waves crashing down
And as you sway with the wind
Are you losing everything?

I know you'll take back your life
I know you'll take back your life