

Silent Scream

Anna Blue

I'm caught up in your expectations
You try to make me live your dream
But I'm causing you so much frustration
And you only want the best for me

You wanted me to show more interest
To always keep a big bright smile
Be that pinky little perfect princess
But I'm not that type of child

And the storm is rising inside of me
Don't you feel that our worlds collide?
It's getting harder to breathe
It hurts deep inside

Just let me be
Who I am
It's what you really need to understand
And I hope so hard for the pain to go away

And it's torturing me
But I can't break free
So I cry and cry but just won't get it out
The silent scream

Tell me why you're putting pressure on me
And every day you cause me harm
That's the reason why I feel so lonely
Even though you hold me in your arms

Wanna put me in a box of glitter?
But I'm just trying to get right out
And now you're feeling so so bitter
Because I've let you down

And the storm is rising inside of me
Don't you feel that our worlds collide?
It's getting harder to breathe
It hurts deep inside

Just let me be
Who I am
It's what you really need to understand
And I hope so hard for the pain to go away

And it's torturing me
But I can't break free
So I cry and cry but just won't get it out
The silent scream

Can't you see
How I cry for help?
'Cause you should love me
Just for being myself

I drown in an ocean
Of pain and emotion

If you don't
Save me right away

Just let me be
Who I am
It's what you really need to understand
And I hope so hard for the pain to go away

And it's torturing me
But I can't break free
So I cry and cry but just won't get it out
The silent scream

My silent scream