

Cycles Of Pain

Angra

You wake up alone again
It's hard to get out of bed
Your mind is blank
Your heart is black

All these fears that you can't explain
When nothing seems to make sense
A shallow grave you're buried in

Everything goes wrong and you're lonely
Try to control
Put up a fight
Lying helpless in the dark

Everything goes wrong and you're desperate
Taking a life
Won't make it right
Hide your tears

The battle of everyday
Pretend it's all gone away
The agony of broken dreams

The hours are all the same
And misery wants to stay
Tortures me

Everything goes wrong and you're lonely
Just try to control
Put up a fight
It's so hard for everyone

Everything goes wrong and you're desperate
Avoiding yourself
Taking the blame
Here it comes again

Cycles of pain, burning my heart
Screaming in rage won't tear it apart
Cycles of pain, burning my heart
Lost in the dark

When there is no ground, I fall so deep
All the angels sing a song but I can't hear
Stand up, be strong now, be brave for me

Cycles of pain, burning my heart
Screaming in rage won't tear it apart
Walking alone, lost in the dark

Cycles of pain, helpless despair
Try to escape from all that is there
Cycles of pain, burning my heart
Burning my heart but I will survive

I will survive
I was lost and lonely

But I know I will survive