So long, so long, so long
It took me so long, it took me so long
So long, so long, so long

Look, everybody got a list of a million wishes
But nobody knows what they need
But tell me, what would you if you had everything you wanted
But you still didn't feel complete?
It's okay to admit that you feel like shit
Even if your life seems okay
From the outside in, you don't need to pretend
And you don't have to feel no shame, just do you

You ain't gotta waste no time
You ain't gotta pay no mind, just do you
Healing is an uphill climb
But everything is gon' be fine, just do you
Never be afraid to shine
To your own self, be kind, do you
Everything will be alright
I tell you everything will be alright, just do you, and sing

So long, so long, so long, yeah
To all those toxic feelings
For so long, I was down
And I was searching for this healing
Lift my knees off the ground
Now I'm soaring through the clouds
For so long, so long, so long

Yeah-yeah, look But it's okay if you don't feel okay Life is hard, I understand, never be ashamed Every one of us has reasons why we're fucked up But that doesn't mean that God doesn't love us Matter fact, I think if anything, He loves us even more 'Cause He's been on your sideline no matter what the score Still, we tell ourselves lies that we're not good enough We judge ourselves for stupid shit that we shouldn't have But when I tell you that I love you, I would fight for you So, this is the part of the love letter I write to you I need you to understand that life's a marathon And through it all, no matter what, we will carry on 'Cause every day is another chance to find peace of mind And you deserve to know the feeling of inner peace So, whenever you're weary and lose your will to climb Just remember you deserve to be free One more time, come on, sing it with me, yeah

So long, so long, so long (Yeah, sing it)
To all those toxic feelings
For so long, we were down
And we were searching for this healing
Lift our knees off the ground
Now we're soaring through the clouds
For so long, so long, so long

Sing with me one time, look
You gotta choose yourself for so long
You gotta love yourself and be strong
You gotta choose yourself for so long
You gotta love yourself and be strong
Gotta choose yourself for so long
Gotta love yourself and be strong for so long
Yeah, so long, so long, so long