Go ahead and congratulate yourself
Give yourself a hand the hand is yours
When the eye that eyes itself is your eye
And the ear that hears itself is near
Then you're getting too close to your source
You've done the impossible now
You took yourself apart
Made yourself invulnerable
No one can break your heart
So you break it yourself

Bringing your own Break it yourself

Go ahead and reionize yourself Give yourself a hand the hand is your hand And you go ahead and wring it out And you go ahead and stretch it out And you go ahead and wear it inside out Day trip in the desert makes this Boy and girl too wise Through a raging wall of sand that's One hundred stories high So you reionionize And it's eyeoneyeoneyeoneye All this time it took to realize That you could use some help Bringing your heart breaking the shell Bringing your heart breaking the shell Go ahead and defibrillate yourself Give yourself a hand the hand is yours And you go ahead and wring it out You go ahead and stretch it out You go ahead and wear it inside out And it's eyeoneyeoneye And it's eyeoneyeoneye