I finally learned whats all
and how to let it go
What comes my way
Don't care to know
Forget what others say
Worry some other day
And things just seem to go my way

Get up with somebody
Take up your body
Let up and nobody
Make it, just take it now
Mess up but don't let it
Set up, just forget it
Fess up and I'll bet it's better
Much better
Much better

When love cannot be found And life has got you down Don't let up
Move free and live loud
To seek and try to find
Is a big waste of time
Walk a beat
Just get out of line

Get up with somebody
Take up your body
Let up and nobody
Make it, just take it now
Mess up but don't let it
Set up, just forget it
Fess up and I'll bet it's better
Much better
Much better

Letting it be
Well, it's not a little thing
Taking the lead
If you open up and see
I gotta leave behind
What's dragging me
And it's finally making sense to me

I gotta get up with somebody
Take up your body
Let up and nobody
Make it, just take it now
Mess up but don't let it
Set up, just forget it
Fess up and I'll bet it's better
Much better
Much better