

Take Some More

And One

Too much hunger in some days
how much longer must we wait
promised wonders everyday
take some more to feel o.k.

lay the table - act of grace
you're not able - lost of face
from the cradle to the grave
take some more to feel o.k.

take some more - to feel o.k.
take some more - carry the day

on your marks and keep ahead
with the aim to stay in the red
friend are cut out - it's your game
take some more to feel o.k.

take some more - to feel o.k.
take some more - carry the day
(talk about destruction)

depression comes in many flavors
feelings of sadness,
frustration and unhappiness
unnatural reactions to real life problems
but here're the statistics:
more and more teenagers
suffered by psychic diseases
caused by chemical and designer drugs
the suicied rate is increesing
the suicied rate is increesing

take some more - to feel o.k.
take some more - carry the day