

## Crestfallen

## Anathema

I cry a tear of hope but it is lost in helplessness  
The darkness eats away at the very embers of my soul  
For the deepest love I had has dissolved before my eyes  
My sorrow is bleak, I beg for deliverance

Lord, in your mercy, hear my prayer

All emotion is consumed by an inner silence  
All grief is unassuaged by disconsolate tears  
I want for nothing, I live for nothing  
I am waiting to die but I am afraid of dying

Lord, in your mercy, hear my prayer

Crestfallen emotion  
Wallowing in guilt  
and drowning for evermore

Falling deeper into fear  
My inner self is now  
a sleeper of stone

Help me.