

One Step Back

American Authors

I gotta take one step back so I can move forward
Slow it down so I can get over it

Following the sound with the dirt up on my heels
A traveling heart so broken from the whispers in my ear
I swim the river gold, I chased the Milky Way
But when life holds you back your heart will always find a way

I gotta take one step back so I can move forward
Slow it down so I can get over it
I trip up, get all in my head
Start over-thinking the moment
I gotta take one step back so I can move forward

Maybe I'll find love inside a stranger's eyes
Build a home with two dogs
Find a place to rest my mind
And if you're just like me, lost a little hope
I promise you it takes one step to love yourself the most

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Slow it down so I can get over it
I trip up, get all in my head
Start over-thinking the moment
I gotta take one step back so I can move forward

When my time is up
I'll look around with pride
Knowing I did everything with you right by my side

I had to take one step back so I can move forward
Slow it down so I can get over it
I trip up, get all in my head
Start over-thinking the moment
I gotta take one step back so I can move forward