

Moment to Reflect

Amel Larrieux

There was a man
He had a thought
He couldn't keep it to himself
Though he ought
He spread it 'round knowing that
Mouths would run like water
And turn it into fact

This is how wars begin
This is how bombs start droppin
If it begins with stopping I will, I will

Before I say something I regret I
Need a moment to reflect I'd
Like to keep my foot out of my mouth
And not be speakin' out my neck
And not say it just to be sayin' it
I got a butterfly net
In which my thoughts I collect
Puttin' the head and heart to the test to come with something better

If a thought is an opinion
To the truth it has no relation
But many mouths want attention
Intoxicated by the feelin of getting some

This is how wars begin
This is how hearts get broken
If it begins with stopping I will, I will

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When the tongues start waggin
yeah yeah
It burns fire like dragon
yeah yeah
I don't want to be havin
That on my conscience, no
I remember, I remember
Said the mother, to the daughter
"If you don't have nothin nice to say then don't say nothing at all"

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To come with something better, to come with something better
To come with something better, to come with something better
To reflect

Puttin' the head and heart to the test to come with something better [x12]

To come with better yea