I was so full of pain just stuck in my head There was no one that could get me out of it Yes I think the drinking was a bit excessive Just to be frank the drinking ain't what caused me to be aggressive My heart has been taken over Everyday I get colder to 'em I realize need to let go expression from the get go to 'em Yeah Feeling it like I just need to speak my brain (Yeah) Yes I know it might seem like I'm going to cause you pain (Yeah) Boy you got to realize I've got to get all this crazy I've got to lose my cool Let loose I was so full of pain, just stuck in my head There was no way for me to get over it So I kept it bottled up all inside of me 'Til I felt the pressure I could no longer breath Yeah you know I'm Feeling it like I just need to speak my brain (Yeah) Yes I know it might seem like I'm going to cause you pain (Yeah) Boy you got to realize I've got to get all this crazy I've got to lose my cool Let loose Feeling it like I just need to speak my brain (Yeah) Got to speak my brain now baby Yes I know it might seem like I'm going to cause you pain (Yeah) May just cause ya pain now baby Boy you got to realize I've got to get all this crazy I've got to lose my cool I've got to lose my cool I've got to lose my cool now baby I've got to lose my cool now baby

I may act a fool now baby yeah