

# Shed My Skin

Alter Bridge

I am not alone, I live with the memories  
Regret is my home this is my true freedom  
Express all the feelings of what I've become  
I watch the rising sun, I hope I find some peace today

It seems I've gone away  
It seems I've lost myself  
It seems I've really lost my way  
It seems I've lost myself  
It seems I've

Shed my skin  
Oh, are you ready for me?  
Or purge my love  
Oh, are you ready for me?

A bitter sinking feeling awake to the fact  
There's no going back to this world in which I was living  
I'm searching for something but found less than nothing  
I watch the rising sun, I hope I find some peace today

It seems I've gone away  
It seems I've lost myself  
It seems I've really lost my way  
It seems I've lost myself  
It seems I've

Shed my skin  
Oh, are you ready for me?  
Or purge my love  
Oh, are you ready for me?

Yeah, 'cause I'm dying to feel  
What I have lost, oh, and what I was

All my life I've waited endless days have taken  
Taken what made me free  
Years have gone I'm broken left the past unspoken  
Those years oh, they haunt me still

Shed my skin  
Oh, are you ready for me?  
Or purge my love  
Oh, are you ready for me?  
And shed my skin

All my life I've waited endless days have taken  
What made me free  
Years have gone I'm broken  
Left the past unspoken  
Those years they haunt me still