

Push

Alpha

Take hold of my doubts and crush them
Then give me a reason why
Insecurity gets the best of me
Leaves me lying there slowly losing air
Sure they're not out to get me
They only pretend they are
Fooling nobody, least not all of me
Old friends of mine lost over time
No more room, my head's full of them
Say the word so it goes again
Push me through
How hard can it be to stop it
I leave myself open wide
Rationality takes a swing at me
Leads me from despair
Oh to feel aware
No more words, can't hear what you say
Stay out there i'm too tired to play
Pull me through