

Nail Biter

Alpha Wolf

I am cursed with these habits
Inauspicious anxious thoughts, they've got me captive
This struggle within myself
It's got me wishing that I was somebody else

A mother fucking nail biter

I've got nothing can't sleep, can't eat
Just me here with anxiety
Her chill inside my bones
Oh, it's got me wishing that I was somebody else

With phlegm in my throat and blood in my teeth
The grief still tastes so bittersweet
With phlegm in my throat

This phlegm stings my throat, my teeth are decayed
There's blood on my gums and it won't go away
This phlegm stings my throat, my teeth are decayed
This blood on my gums won't go away

Reduced to nothing, an empty shell
Reduced to nothing
I wanna die here, can't you tell?

I'm a nail biter
A mother fucking nail biter

My chest aches as my mind breaks
I cannot take anymore of these fakes

Don't look at me, don't speak to me
I am an anxious freak

Don't you dare say, it's all in my head, "it's all in the minds
et."