

Trying To Survive

Alleviate

I try to run, but it's always there
A monster lurking, it's always aware
I try to hide, but it won't let me go
It's a part of me, I've always known

Heart beating so damn fast, try to catch my breath
My mind is racing and I'm so consumed by death
The panic haunts and it won't let me be
Trapped in my own reality

Dark thoughts are clouding all of my moves
Can't shake the feeling of being used
It's the weight of the world on my shoulders, I'm burnt
I can't shake these fears, they're just getting worse

Anxiety, my constant friend
Always will be there till the very end
And I feel everything that leaves me frightened
Why won't these feelings let me go?
I'm trying to survive
Catching my breath just to feel that I'm alive
Welcome to my messed up life
Welcome to my messed up life

I'm scared of the unknown
What's waiting for me when I'm alone
Will I ever be able to break free
From these monsters inside of me
Set me free
Set me free

Anxiety, my constant friend
Always will be there till the very end
And I feel everything that leaves me frightened
Why won't these feelings let me go?
I'm trying to survive
Catching my breath just to feel that I'm alive
Welcome to my messed up life

I'm trying to survive
Catching my breath just to feel that I'm alive
Welcome to my life
To my fucked up life