

Down

All We Are

I know you get a lot of it
I know you get inside of it
I know you try to conquer it
I know that you know
Yeah, you know
Yeah, you know

I know there isn't time for it
The day, we'll never swallow it
One way, we'll never follow it
I know that you're down
Down, down, down, down, down, down, down

Just breathe, it is down to you, it is down to you
You get inside of it, you get inside of it
Just breathe, it is down to you, it is down to you
You get inside of it, you get inside of it

I know you want to cover it
I know you feel the loneliness
I know you try to laugh at it
I know that you're down
Down, down, down, down, down, down, down
Yeah, you're down
Down, down, down, down, down, down, down
And you're down, and you're down
Down, down, down, down, down, down

Just breathe, it is down to you, it is down to you
You get inside of it, you get inside of it
So breathe, it is down to you, it is down to you
You get inside of it, you get inside of it
Just breathe, it is down to you, it is down to you
You get inside of it, you get inside of it