

Breathe In, Breathe Out

Alice Merton

Breathe in, breathe out
You're here in the right now
And there's no reason why it gets so loud
So breathe in and breathe out

Trust me
I just know
I just know
I just know

Time in and time out
You get lost and you get down
And all of those sounds are still at your head
Time in and time out

Trust me
I just know
I just know
I just know

So breathe in and breathe out
You're here in the right now
And there's no reason why it gets so loud
So breathe in and breathe out

Trust me
I just know
Trust me
I just know
I just know