This burden's not a heavy one But I assure you, it's present This burden's not a heavy one But I assure you, it is present

Say that you're in control Say that you are I can't think of a time When you looked less alive You say, "Wait until light, my dear, just wait until light" One more day will go by Maybe today you should try To look past the mirror and find Look past the mirror That there's something inside Something more to your life My words won't heal you now My words won't heal It is you who decides It is you who decides

This burden's not a heavy one But I assure you, it's present This burden's not a heavy one I assure you

Believe that you are just fine
Believe that you are
You'll feel so alive
You'll feel so alive
Be what you are now (be what you are)
Be what you are
Do not keep it inside
The hate will not subside
Be what you are now (be what you are)
Be what you are
Do not keep it inside
The hate will not subside

It's you, decide It's you, decide

So alive You'll feel so alive

This burden's not a heavy one But I assure, I assure you This burden's not a heavy one Not a heavy one Not a heavy one.