

So today I wrote a song for you
Cause a day can get so long
And I know its hard to make it through
When you say there's something wrong

So I'm trying to put it right
Cause I want to love you with my heart
All this trying has made me tight
And I don't know even where to start

Maybe that's a start

Cause you know its a simple game
That you play filling up your head with rain
And you know you are hiding from your pain
In the way, in the way you say your name

And I see you
Hiding your face in your hands
Flying so you won't land
You think no one understands
No one understands

So you hunch your shoulders and you shake your head
And your throat is aching but you swear
No one hurts you, nothing could be sad
Anyway you're not here enough to care

And you're so tired you don't sleep at night
As your heart is trying to mend
You keep it quiet but you think you might
Disappear before the end

And it's strange that you cannot find
Any strength to even try
To find a voice to speak your mind
When you do, all you wanna do is cry

Well maybe you should cry

And I see you hiding your face in your hands
Talking bout far-away lands
You think no one understands
Listen to my hands

And all of this life
Moves around you
For all that you claim
You're standing still
You are moving too
You are moving too
You are moving too
I will move you