I'm walking fast
I keep my head down low
So I don't see myself
In any store windows

'Cause I know nobody else will notice How hard I'm trying just to cope with Hiding all of me in plain sight While I'm dying inside

I'm crawling in my skin
Since I was a kid it's been like this
I don't know what it is
All my bones and all my clothes don't fit
Lost all of my self-affection
I've tried it all but nothings helping
Part of me
Wonders who I'll be
If I didn't hate my reflection

It's like my body
Keeps throwing punches how it taunts me
Changes and saying it don't want me
Waiting in the mirror for a sorry

I know nobody else will notice How hard I'm trying just to cope with Hiding all of me in plain sight While I'm dying inside

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Lost all of my self-affection
I've tried it all but nothings helping
Part of me
Wonders who I'll be
If I didn't hate my reflection

If I didn't hate my reflection It's the death of me The parts I hate are all I see Will I always be an enemy to me?

I'm crawling in my skin
Since I was a kid it's been like this
I don't know what it is
Why's it like my bones and clothes don't fit?