This life is full of options
Impossible to choose
From food to occupation
Always something to lose
And there's so much potential
It'll almost drive you mad
Let me be your motivation
When you're stuck inside your head

What's it gonna be? (What's it gonna, what's it gonna be)
What's it gonna be? (What's it gonna, what's it gonna be)
You don't have to move mountains or do it perfectly
But if you do something it's gonna set you free
So what's it gonna be? (What's it gonna, what's it gonna be)
What's it gonna be? (What's it gonna, what's it gonna be)

Your anxiety's a liar
She doesn't know you like I do
And we can see it makes you tired
Never trusting how you move
But those of us who know you
Looking in at what you've made
We can see the world inside you
And it's out of love we say

What's it gonna be? (What's it gonna, what's it gonna be)
What's it gonna be? (What's it gonna, what's it gonna be)
You don't have to move mountains or do it perfectly
But if you do something it's gonna set you free
So what's it gonna be? (What's it gonna, what's it gonna be)
What's it gonna be? (What's it gonna, what's it gonna be)

And by the time this song is done You better make a decision

What's it gonna be?
Yeah, what's it gonna be? (What's it gonna, what's it gonna be)
What's it gonna be? (What's it gonna, what's it gonna be)
You don't have to move mountains or do it perfectly
But if you do something it's gonna set you free
So what's it gonna be? (What's it gonna, what's it gonna be)
What's it gonna be? (What's it gonna, what's it gonna be)