Make my way through the motions I try to ignore it
But home's looking farther
The closer I get
Don't know why
I can't see the end
Is it over yet?

A short leash
And a short fuse don't match
They tell me it ain't that bad
Now don't you overreact
So I just hold my breath
Don't know why
I can't see the sun
When young should be fun (fun)

And I guess the bad

Can get better

Gotta be wrong

Before it's right

Every happy phrase

Engraved in my mind

And I've always been a go-getter

There's truth

In every word I write

But still the growing pains, growing pains

They're keeping me up at night

Eh eh, hey yeah, yeah, yeah...

And I can't hide, 'cause growing pains are keeping me up at night
Eh eh, hey yeah, yeah, yeah...

And I can't hide, 'cause growing pains are keeping me up at night

Try to mend what's left of my content incomprehension As I take on the stress of the mess that I've made Don't know if I even care for "grown" If it's just alone, yeah

And I guess the bad

Can get better

Gotta be wrong

Before it's right

Every happy phrase

Engraved in my mind

And I've always been a go-getter

There's truth

In every word I write

But still the growing pains, growing pains

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Eh eh, hey yeah, yeah, yeah...

And I can't hide, 'cause growing pains are keeping me up at night
Eh eh, hey yeah, yeah, yeah...

And I can't hide, 'cause growing pains are keeping me up at night

Starting to look like Ms. Know-it-all

Can't take her own advice
Can't find pieces of my peace of mind, I cry
More than I want to admit but I can't lie to myself, to anyone
'Cause phoning it in isn't any fun
Can't run back to my youth the way I want to
The days my brother was quicker to fool
AM radio, not much to do
Used monsters as an excuse
To lie awake
Now the monsters are the ones that I have to face
No band-aids for the growing pains

Eh eh, hey yeah, yeah, yeah...
No band-aids for the growing pains