

# Mind Is A Prison

Alec Benjamin

I don't live in California, I'll inform you, that's not where I reside  
I'm just a tenant, paying rent inside this body and I  
Got two windows, and those windows, well, I call them my eyes  
I'm just going where the wind blows, I don't get to decide

Sometimes, I think too much, yeah, I get so caught up  
I'm always stuck in my head  
I wish I could escape, I tried to yesterday  
Took all the sheets off my bed

Then I tied up my linen with five strips of ribbon I found  
Scaled the side of the building  
I ran to the hills 'til they found me  
And they put me back in my cell  
All by myself, alone with my thoughts again  
Guess my mind is a prison and I'm never gonna get out

So they tranquilized me, analyzed me, threw me back in my cage  
Then they tied me to an IV, told me I was insane  
I'm a prisoner, a visitor inside of my brain  
And no matter what I do, they try to keep me in chains

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Said even if it's true, no matter what I do  
I'm never gonna escape  
I won't give up on hope, secure another rope  
And try for another day  
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