I may be low but at least I'm feeling
It may be slow but at least I'm healing
And I don't know where to go from here
And I don't know how to place my tears
It may be hard but it's so revealing

I needed a hero
Maybe it was me all along
I needed a safe place
I could have made it long ago
It's at the tip of my tongue
At the top of my lungs
All the aching I've done
Maybe it wasn't unsung
Can't speak for tomorrow
But today I feel something
Other than nothing

Beneath my feet all the ashes conquer
Reflect the lives no longer on offer
And though I'm mourning everything I was
The memories will grow around my bones
Like a forest fighting back after disaster
This is gonna make me stronger

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