

Quand j'étais jeune, beaucoup plus jeune que maintenant
Je ne savais pas à quel point j'aurais autant besoin déjà
Que j'en ai besoin maintenant

When I was younger, so much younger
Then today,
I never needed anybody's help in any way,
But now these days are gone
I'm not self assured,
Now I find I've change my mind
I've opened up the doors.

Help me if you can, I'm feeling down,
And I do appreciate you being around,
Help me get my feet back on the ground,
Won't you please please help me?

And now my life has changed
In oh so many ways,
My independence seems to vanish in the haze,
But every now and then I feel so insecure,
I know that I just need you like
I've never done before.

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Won't you please please help me?

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Help me.
Help me.