

# Breathe Me

Aiden Grimshaw

Help, I have done it again  
I have been here many times before  
Hurt myself again today  
And, the worst part is there's no one else to blame

Be my friend  
Hold me, wrap me up  
Unfold me, I am small  
I'm needy, warm me up  
And breathe me

Ouch I have lost myself again  
Lost myself and I am nowhere to be found,  
Yeah I think that I might break  
I've lost myself again and I feel unsafe

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Hold me, wrap me up  
Unfold me, I am small  
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