

Are you having a broke day
Fighting a breakdown
Pushing the tears back
Looking for the one way out
Are you stuck in the corner
Watching the walls cave
Chasing the ghosts back
With no one there to hear your grace

Here I am, I've been there before
Know that you're not alone and all the weight will fall

Push the storm back with a calm breeze
Don't fight the floods, let the waters recede
If you're running, looking for peace
You can breathe out, you can run to me

I'll keep you safe

Are you ready to phone in
Hearing the dial tone
Lost in the white noise
Hanging up on all your hopes
Is there nobody out there
Losing the mind game
Talking to shadows
With no one there to hear your pain

Here I am, I've been there before
Know that you're not alone and all the weight will fall

Push the storm back with a calm breeze
Don't fight the floods, let the waters recede
If you're running, looking for peace
You can breathe out, you can run to me

I'll keep you safe
If you're feeling the pressure
When you're feeling too weak
I'll keep you safe
If you're running from yourself
You can run right to me

Push the storm back with a calm breeze
Don't fight the floods, let the waters recede
Are you running, looking for peace
You can breathe out, you can run to me
Let your mornings wake you from bad dreams
'Cause the sun rises eventually
When the dark wolf is at your feet
Be a free bird, I'll be your canopy

I'll keep you safe
I'll keep you safe