

## Stuck In A Rut

Against All Authority

Stuck in a rut with no way out  
Cause of a time when things are all about  
Being better way back then  
And the complacent didn't ask questions  
So bow down to your master  
And fit the image bound straight for disaster  
Enslaved and misled  
By the lies that you've been fed  
As you lay there in deceit  
Caught up in your prefab dream  
The molds been forged for you  
Compliments of the red, white and blue  
To scared to break away  
What will they think? What will they say?  
If you live your life today  
And fuck this American way  
Disease! This Disease! With shit up to my knees!!  
Spreading across the nation from to filthy sea  
Just slavin away at the repetitious mass decay  
I did it yesterday and I'll do the same again  
Today is day I'm gonna break out  
I wanna run through the streets and give a shout  
Stay ahead from the sickness that falls on me  
So I lessen myself just to stay free  
I was choking from a victim right from the start  
You can use my body, but you  
Can't take my heart and soul away from me  
Cause I'm in control of my destiny