

## Three Second Notice

AFI

Submission- My back hurts from bowing down.

Attraction - Was once so strong now can't be found.

Affection - One gift i wish you would return.

Frustration - as i accede.

i do not deserve your frigidness, such callousness, yet i persist.

What's wrong with me?

I told you "you can't be replaced", you showed me I'm disposable.

Spit in my face, as I submit, so I quit!