

# Help

Aegis

When I was younger  
So much younger than today  
I never needed anybody's  
Help in any way  
But now these days are gone  
I'm not so self assured  
Now I find I've changed my mind  
And opened up the doors

Help me if you can, I'm feeling down  
And I do appreciate you being 'round  
Help me get my feet back on the ground  
Won't you please, please help me?

And now my life has changed  
In oh, so many ways  
My independence seems to vanish in the haze  
But every now and then I feel so insecure  
And I know that I just need you  
Like I've never done before

Help me if you can, I'm feeling down  
And I do appreciate you being 'round, oh  
Help me get my feet back on the ground  
Won't you please, please help me?

When I was younger  
So much younger than today  
I never needed anybody's  
Help in any way  
But now those days are gone  
I'm not so self assured  
Now I find I've changed my mind  
And opened up the doors

Help me if you can, I'm feeling down  
And I do appreciate you being 'round, oh  
Help me get my feet back on the ground  
Won't you please, please help me? Oh yeah  
Won't you please, please help me?