

When I was younger
So much younger than today
I never needed anybody's
Help in any way
But now these days are gone
I'm not so self assured
Now I find I've changed my mind
And opened up the doors

Help me if you can, I'm feeling down
And I do appreciate you being 'round
Help me get my feet back on the ground
Won't you please, please help me?

And now my life has changed
In oh, so many ways
My independence seems to vanish in the haze
But every now and then I feel so insecure
And I know that I just need you
Like I've never done before

Help me if you can, I'm feeling down
And I do appreciate you being 'round, oh
Help me get my feet back on the ground
Won't you please, please help me?

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And I do appreciate you being 'round, oh
Help me get my feet back on the ground
Won't you please, please help me? Oh yeah
Won't you please, please help me?