Inside everyone
Fear
Fear
Inside everyone

It hides in many places
It can disguise itself
It morphs inside and shapes it
Sometimes it's hard to tell
It creeps in like a ghost
If you feed it, it will grow
It wants to smash you down
Keep you trapped in yourself

You can't count me out You can't hold me down

Fear is our emotional despair
That hides behind the walls of all you care about
Faith can be your light, our guiding song
To bring you back to life, when all feels wrong

Inside everyone
Fear
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Inside everyone

Depression finds its victim

It never lets you breathe

The enemy is cunning

As colors start to bleed

I cannot lift my head, turn my eyes up to the sky

They're telling me it's not real, but cannot answer why

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Inside everyone Fear Fear Fear

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