Come to Me all you who are weary and burdenedAnd I will give yo u restTake My yoke upon you and learn from MeFor I am gentle an d humble in heartFor My yoke is easyAnd My burden is lightBehin d the Song: "Every month, my 'D-group' would read a chapter from Rob Bell's book Velvet Elvis and discuss it. After reading eac h chapter, I would write down corresponding passages in the Bib le to study, as well as a verse to commit to memory. The verse that I chose for that day was Matthew 11:28-30. Rob Bell's chap ter for this particular month was called "Yoke," and it explain ed how, in Jesus' time, Rabbis had teachings or perspectives th at were, by default, different interpretations of Scripture rat her than other Rabbi's teachings. Each Rabbi's teaching was cal led his 'yoke.' Up until then, I thought that a 'yoke' was simp ly some sort of harness for oxen. Now it makes even more sense when I consider that Jesus said His yoke was easy. I had put of f memorizing the verse and was facing the embarrassing prospect of having to admit I had not properly memorized it. So, I pull ed the verse up on my phone (isn't technology great!) and made up a melody to the verse to help me remember it, and it became this song." - Aaron Shust